






Behavioral Health Treatment
Adolescents, Ages 12 - 18
Jewish Program
Las Vegas, NV

Referral Handbook

Rabbi Ilan Weinberg

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Comprehensive Mood & Anxiety Treatment

At Moriah Behavioral Health, we are dedicated to providing exceptional clinical care and specialized treatment for adolescents struggling with mood and anxiety disorders. We combine an array of evidence-based modalities, employing a wraparound care model that ensures clients receive support across all areas of their lives, including mental health, relationships, substance use, and overall well-being. Our world class treatment team includes Psychiatrists, Licensed Marriage and Family Therapists (LMFTs), Licensed Clinical Social Workers (LCSWs), trauma specialists, drug & alcohol counselors.

Specializations

Anxiety Disorders

- Generalized Anxiety Disorder
- Panic Disorder
- Social Anxiety Disorder
- Specific Phobias
- Obsessive-Compulsive Disorder
- School Refusal

Depression

- Major Depressive Disorder
- Bipolar Disorder
- Self-Harming Behaviors
- Suicidal Ideation

Mood Disorders

Trauma

- Post-Traumatic Stress Disorder (PTSD)
- Complex Trauma

Body Image Issues

Treatment Modalities

Individual Therapy

- Cognitive-Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Acceptance & Commitment Therapy (ACT)
- Eye Movement Desensitization and Reprocessing (EMDR)
- Mindfulness
- Motivation Interviewing

Complementary Therapies

- Pet Therapy
- Yoga
- Hypnotherapy
- Art & Music Therapy
- Boxing
- Acting

Family Therapy

- Parent Support Group
- Parent Psycho-Education Group

Recovery and Drug & Alcohol Counseling

(secondary diagnosis)

- RTC** Residential Treatment Center
- PHP** Partial Hospitalization Program
- IOP** Intensive Outpatient Program
- OP** Outpatient Program

Transitional Living

Dr. Julia Kannard, CPC, DBH, MS
Clinical Director
juliak@moriahhealth.com

Jewish Integration

TREATMENT YOU CAN TRUST

Our Jewish team consisting of a program director, rabbinic counselors, and frum therapists, seamlessly integrates as a supplement to the standard retinue of treatment that each client, Jewish and non-Jewish, receives. We provide kosher food, mezuzas & Jewish amenities, warm relationships with the Rabbis and their families, Shabbos, Yom Tov, and so much more for each Jewish teen. Judaism is never forced, but always available. We are a safe location for a teenager from a frum family to come if he or she needs to heal from serious mental, emotional, behavioral disorders. Some teens come to us after attending a residential treatment center for drug or alcohol addiction; after sobering up or treating the addiction piece, they spend time with us to work on the emotional, cognitive, behavioral, and Jewish pieces.

Teens at Moriah live in comfortable and spacious residential-style homes. At any given time there can be up to 10 teens in a home on their treatment journey together. Our staff to teen ratio is 1:3, and usually much higher. Each client enjoys a comfortable bedroom, walk-in closet, pleasant & clean communal living spaces, and a lovely outdoor pool. Our homes are both gender-specific & coed, and each new client is placed in the milieu that is best suited for her or him.



- > Orthodox Jewish clinicians
- > Personal counseling with Rabbis & Rebbetzins
- > Gender-specific homes
- > Certified Kosher food and facilities
- > Shabbos & Yom Tov meals & services
- > Culturally sensitive therapy and support

Under Rabbinic supervision of
Rabbi Levi Harlig
Chabad of Southern Nevada
rabbiharlig@moriahhealth.com



Referent Relationships

We deeply value the relationships we have with professionals, community agencies, referral agencies, clinics, clinicians, hospitals, and other treatment facilities. We understand that these relationships play a crucial role in the overall care and well-being of the clients we serve. As such, maintaining continuous contact and fostering strong partnerships with these referents is a top priority for us.



A Collaborative Journey

Referring a client is not just a one-time event but rather the beginning of a collaborative and ongoing journey. We believe in the importance of a team-based approach to treatment, and we understand that referents have unique insights into the clients they refer, and their input and expertise greatly contribute to the continuity of care. We actively seek and value their feedback, assessments, and recommendations.



Communication is Key

To ensure effective and ongoing collaboration, we prioritize regular communication with referents. This may include providing updates on a client's progress, discussing treatment plans and goals, sharing relevant information, and addressing any concerns or questions that may arise. We understand that continuity of care is essential, and we strive to work hand-in-hand with referents to ensure a seamless transition and ongoing support for the clients.



A Matter of Trust

At Moriah we appreciate the trust and confidence that referring professionals and agencies places in us. We are committed to upholding that trust by providing the highest standard of care and tailored treatment options for each individual. We are dedicated to remaining engaged, responsive, and proactive in our communication with referents. Together, we can continue to make a positive impact on the lives of those seeking treatment and provide comprehensive and compassionate care throughout their recovery journey.

You Focus on Treatment

Let Us Help with Insurance

Moriah is in-network with a large and ever-increasing list of national and regional health insurance plans. We advocate for our clients with out-of-network carriers to broaden the scope of benefits offered to their members, and establish individual case agreements (SCA / LOA) for our clients. In instances where our recommended level of care faces non-authorization by an insurance carrier, our dedicated team collaborates with all involved parties to develop a range of alternatives. These may include initiating an appeal procedure with the insurance carrier or exploring private payment alternatives on behalf of the client.

Sending a loved one for treatment does not have to cause unnecessary financial strain. Our goal is to help each client navigate the often intimidating world of insurance companies and receive the treatment they need, without breaking the bank. That's why we are staffed with outstanding Insurance-Utilization, Admissions, and Customer Care teams that are here to work for each client. We want families to feel supported on each step of the treatment journey, including financially.

Medicaid need not be a barrier to receiving care. Medicaid clients, please contact us to learn about your options.

The selection below represents some of our most popular providers of behavioral healthcare insurance.

Aetna	Optum*
Anthem Blue Cross Blue Shield	Oxford*
Benefit Plan Administrators	Pacific Source
ChampVA	PMCS
Cigna	Private Pay
GEHA	Prominence Health Plan
Halcyon	Silver Summit Health Plan (Ambetter)
Health Alliance Plan (MI)	Tricare
HealthScope Benefits	Tricare West
Meritain	United Health Care*
MODA	WebTPA
Multiplan	

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